

## Zimbabwe ranked the world's fourth unhappiest country

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Nurses Flee From Baton-wielding police (PICTURE by Tsvangirai Mukwazhi. AP)

Zimbabwe is the world's fourth unhappiest country, after Afghanistan, Lebanon and Sierra Leone, according to the World Happiness Report released on Monday, 20 March 2023.

On the other end, Finland is the world's happiest country, followed by Denmark, Iceland, Israel, and the Netherlands.

The annual World Happiness Report ranks global happiness in more than 150 countries around the world.

According to Forbes, for the sixth year in a row, Finland has been named the happiest country in the world.

The report is overseen by the Sustainable Development Solutions Network and is released every year in honour of the International Day of Happiness on 20 March.

The ranking is based on data from sources like the Gallup World Poll, leveraging six key factors: social support, income, health, freedom, generosity and absence of corruption.

According to the experts from Aalto University in Finland, there are several key factors that make Finland the happiest country.

Aalto University lecturer Frank Martela, says: “Finland seems to excel here because of the Finnish welfare system’s ability to help its citizens feel taken care of.”

Things like relatively generous unemployment benefits and nearly free healthcare help mitigate sources of unhappiness, ensuring that there are fewer people in Finland who are highly unsatisfied with their lives.

Meanwhile, the lowest-ranking countries on the report also happen to be war-torn: Afghanistan and Lebanon.

According to the Investment Monitor, in February 2023, Zimbabwe had the highest inflation rate in the world at 230%.

Millions of Zimbabweans have left the country to escape poverty over the past two decades, with the majority of those left behind, including civil servants, living in abject poverty.

[https://news.pindula.co.zw/2023/03/20/zimbabwe-ranked-the-worlds-fourth-unhappiest-country/?utm\\_source=mailpoet&utm\\_medium=email&utm\\_campaign=pindula-news-today\\_309](https://news.pindula.co.zw/2023/03/20/zimbabwe-ranked-the-worlds-fourth-unhappiest-country/?utm_source=mailpoet&utm_medium=email&utm_campaign=pindula-news-today_309)